



# Home family NEWS

"News You Can Use Around Your House"

www.pennwindows.com • 610-433-4196

February 2017

## HunterDouglas



# \$100 Mail-in Rebates

Running now through April 10th

**\$100 Rebate** on the following purchases:

**\$100** 4 Duette Honeycomb Shades \$100 for every 4 additional units

**\$100** 1 Duette VertiGlide Honeycomb Shade \$100 for each additional unit

**\$100** 4 Solera Soft Shades \$100 for every 4 additional units

**\$100** 2 Vignette Modern Roman Shades \$100 for every 2 additional units

You must purchase the listed quantity to qualify for the rebate. Only multiples of that products' requirement will qualify for additional rebate. No maximum.



## Our FREE Installation Savings Event Ends February 28th!

All purchases must be made by February 28th, NO exceptions. Per customer demand - we've extended the end of sale for the first time this year! FREE installation on all bay or bow windows, double hung or other style windows (must purchase 3 or more to qualify), sliding patio doors, and steel and fiberglass entry doors Storm doors do NOT qualify. we're also offering 12 month deferred interest financing on all \$1,500 or more purchases (must be approved for financing through Wells Fargo). Feel free to combine offers for maximum savings! Offer not good on previous purchases. Can not combine with any other offers. Free installation must occur within our standard 4 - 8 week time frame. Weather delays are determined by Penn Windows. Homeowner is responsible for clearing a path to installation area(s). Spring scheduled installations do not qualify.

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### Refer A Friend



If you refer someone (friend, co-worker, relative, neighbor) and if they choose us to do their project we'll send you a \$50 Visa gift card!  
We appreciate your business!  
**610-433-4196**

Visit our showroom at  
**1518 Union Blvd. in Allentown**  
Showroom hours:  
Monday — Friday 8 - 5 and Saturday 10 - 2



8	2	9	1	0	5	8	7	2
2	3	1	9	8	7	6	5	7
8	7	5	6	2	1	9	1	3
4	6	8	5	7	3	1	2	9
9	5	2	8	6	1	4	3	7
3	1	7	2	4	9	5	8	6
7	8	4	3	1	6	2	9	5
5	2	3	4	9	8	7	6	1
1	9	6	7	5	2	3	4	8

## Company Update

Happy New Year! Everyone here wishes you and yours a happy, healthy, prosperous 2017! And thank YOU for a wonderful 2016! Our Open House back in September was a hit! Thank you to all of our loyal customers who attended and shared in the fantastic food, wine and won our great prizes! This year's event is in the planning stages - we'll let you know the exact date this spring. 2016 was our BEST YEAR EVER for Richards Window Fashions! We're so excited about 2017, and we're off to a great start with our updated advertising campaign and new and exciting changes this spring from Hunter Douglas. Stay tuned for more! We've updated our name to Penn Windows & Doors in 2016. We stopped carrying vinyl siding as one of our services, so we eliminated "& Siding" from our company name. We recommend Holencik Exteriors in Coplay for vinyl siding and siding services. We're very fond of Jesse and the rest of his family over there at Holencik, so we trust our family, friends and customers to their service.

We'd like to welcome Germaine DeFrancisco as our new Richards Window Fashions installer/service

technician for Penn Windows. Many of you have already met Germaine; he's been with us here since late October. Germaine is a Liberty High School graduate who lives in Coplay with his wife and 2 children. He took over for Steve Mattes, who was with us for three years. Steve moved to Oregon in November, and we wish him the best of luck in his new endeavors.

Don't forget our Winter Sale! Time is running out to save big on those spring home improvements! Give us a call at 610-433-4196 and we'll get Andy out there for a free in-home consultation. And as usual, if you have any questions, issues or suggestions



please call me at 610-433-4196 or email me at [erin@pennwindows.com](mailto:erin@pennwindows.com). I look forward to hearing from you!

*Erin Duffield*

## Frozen foods get respect

The problem with buying a pack of fresh broccoli: you don't eat it all the same day. The longer it stays in the fridge, the more nutrients it loses. In one recent study, frozen broccoli had much more vitamin C content than broccoli that was refrigerated for five days. Another concern is how long it was refrigerated in transportation and at the store before you bought it.

Frozen food makers are taking products convenience another step. Recently, Birds Eye introduced Recipe Ready frozen vegetables that are pre-cut for specific dishes. It has sliced peppers and onions for fajitas and chopped carrots, onions and celery for chili, soup or stew. They say one of their goals as an industry is just getting people to eat more vegetables.



One New York chef says corn is especially good frozen. Add cheese for a kid-friendly dish. For cooking frozen peas, beans and other vegetables, he recommends adding them to a skillet on medium-high heat with oil, seasoning, and add 2 tablespoons of water. Cover until heated through and the moisture is evaporated.

Sales of frozen fruits are rising every year. They are boosted by the use of juicers, the popularity of smoothies and the use of fruits in compotes.

## Senior Scene

### Don't neglect hearing loss

About two-thirds of Americans over age 70 have some degree of hearing loss according to a study reported in the Archives of Neurology. Among those over 60, hearing loss accounted for a one-third higher risk of developing dementia and a greater risk of Alzheimer's disease.

Hearing loss may be related to dementia because of social isolation, which exhausts one's reserve of cognitive abilities, or deterioration of sensory nerve fibers. Wearing a hearing aid reduces the risk of social isolation and improves a person's quality of life.

### Walk faster

An extensive University of Pittsburgh study over 21 years showed those with faster walking speed at the beginning were more likely to live longer, an association that was strongest after age 75. The median gait speed was 1.77 mph. Those who usually walked 2.25 mph (3.3 feet per second) or faster, consistently lived longer than expected.



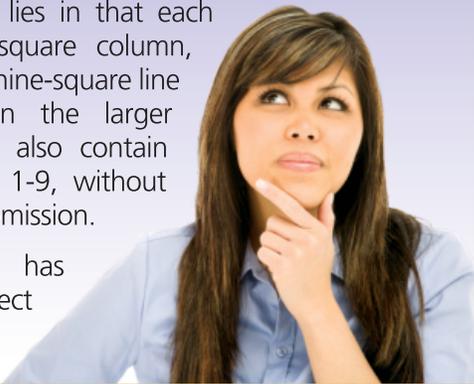
## Sudoku

6			1	3			7	
		1			7			
8				2		9		
		8	5					9
		2				4		
	1			4		5		
					6	2		
5			4	9				6
		6	7				4	

The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

The difficulty lies in that each vertical nine-square column, or horizontal nine-square line across, within the larger square, must also contain the numbers 1-9, without repetition or omission.

Every puzzle has just one correct solution.



## Thank you for the kind words...

"It was a pleasure doing business with Richards. The installer couldn't have been nicer and we will certainly recommend this company to our friends."

**Elyse & Bob W. of Center Valley**

"I am always nervous about large purchases but this was easy! Very, very happy with the windows and patio door, installation & customer service. I have not one complaint. I wish everything was this easy! Thank you to everyone that helped us! I will definitely recommend you to anyone who would need your services."

**Lorah S. of Northampton**

"The installer was professional, courteous, knowledgeable, and capable. He wanted to make sure I was 100% satisfied with the operation and appearance of the new blinds I had ordered. Richards Window Fashions is lucky to have him as an employee! He is the main reason I would comfortably refer these blinds and your business to my friends & family."

**Laura D. of Bethlehem**

"We are pleased & satisfied with our second install by Penn Windows! Mauricio is a talented and very courteous craftsman. Our new garden window is a beautiful addition to our remodeled kitchen. Penn Windows is an exceptional, service orientated, family business. Thank you."

**Susan C. of Allentown**



### Baked French Onion Soup

2 cans of Campbell's Select Harvest caramelized French onion soup  
2 packages garlic and cheddar croutons  
2 cups shredded Parmesan cheese

2 teaspoons Pernod or Herbisant liqueurs (licorice flavored)

Divide the cans of soup into four portions, half filling four large oven-proof baking bowls. Add 1/2 teaspoon of the Pernod or Herbisant to each dish of soup and stir.

Float 5-6 of the croutons on the top of the soup. Layer 1/2 cup of shredded cheese over the croutons.

In a pre-heated oven at 350 degrees, bake the soup until the cheese has melted and is browning around the edges of the dish.

Baked onion soup, accompanied by a salad, can make an entire meal or just be offered as the soup course for a dinner or banquet.



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**Penn Windows**  
1518 Union Blvd  
Allentown, PA 18109

**Address Service Requested**

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**PAID**  
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*We specialize in...*

- Custom vinyl windows - all styles
- Custom steel and fiberglass entry doors, storm doors, French doors and patio doors



*We specialize in...*

- Hunter Douglas custom blinds & shades
- Plantation shutters in wood and composite
- Innovative child-safe lift options
- Free in-home consultations
- Remote control options!

